

Schedule of Events
Carpinteria Junior Lifeguard Competition
July 15th, 2016

A's - Ages 17-14

Distance Paddle (9:00am Start Time)
Long Run
Long Swim
Run-Relay
Run-Swim-Run
Paddle Relay
Beach Flags
Taplin

B's – Ages 13-12

Distance Paddle (9:00am Start Time)
R-S-R
Beach Flags
Long Swim
Run Relay
Taplin
Long Run
Paddle Relay

C's – Ages 11-9

Distance Paddle (9:00am Start Time)
Run Relay
Taplin
R-S-R
Paddle Relay
Beach Flags
Long Swim
Long Run