



# JG State Park Camp-Out!

Thursday July 7<sup>th</sup> is the annual Jr. Lifeguard Camp-out. This year we will be spending the day at the Carpinteria State Park, where we will be playing games, surfing, swimming, having a great BBQ dinner, hosting a talent show and much, much more!

We will have a normal day of Junior Guards from 9:30 – 12:30 and send the kids home to get ready for the camp-out.

We will have a “lights out” time of **10:00pm** at the **latest**. In the morning we will be serving breakfast @ 7am and then we will head down to Ash Ave and get picked up by the bus to head to **Santa Barbara Semana Nautica Competition @ East Beach Grill!**

\*Following is important information you will need to know about the camp-out.\*

**Date and Times:** Thursday, July 7<sup>th</sup> and 8<sup>th</sup> 2016. Please meet at Carpinteria State Parks at the end of Palm Ave and you will be greeted by an instructor who will walk you JGs into the Camp Grounds.

**Friday morning we will be heading to East Beach for the SB JG Semana Nautica Competition.**

## What to bring:

- Snacks for Thursday afternoon (no lunch provided just snacks!),
- bathing suit
- clothing for Thursday night and Friday morning Competition @ East Beach
- pj's
- camping tent (JG can buddy up in friends tents) (boys in boys tents and girls in girls tents)
- sleeping bag
- pillow
- sunscreen
- towel
- hat
- toothbrush/toothpaste
- any toys such as a football, Frisbee, volleyball
- beach chair to relax by the campfire
- camera, etc.



**\*Cost for camp out = \$50 per Junior Guard, maximum of 65 participants**

The camp-out will be a ton of fun!

If you have any questions don't hesitate to e-mail or call...

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