

Swim Lessons - Swim Club - Aqua Aerobics - Masters



City of CARPINTERIA



City of Carpinteria
Parks & Recreation

SUMMER 2015 RECREATION GUIDE

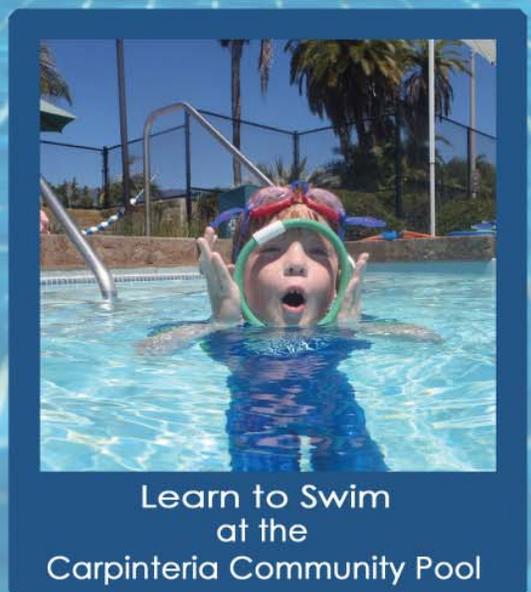


JUNIOR LIFEGUARDS



KAYAK RENTALS
SURF, SAIL & KAYAK ADVENTURES

GET WET... HAVE FUN!



Learn to Swim
at the
Carpinteria Community Pool

www.Carp-Pool.com (805) 566-2417

www.Carp-Pool.com (805) 566-2417

Junior Lifeguards - Kayaking - Stand Up Paddle - Surfing

Carpinteria Community Pool

5305 Carpinteria Avenue

For more information call the Pool (805) 566-2417 or www.Carp-Pool.com

Pool Program Daily Summer Schedule*

June 15 - Labor Day

Lap Swimming/Fitness Swimming	Monday -Wednesday-Friday	6:00 am - 9:00 am
Junior Lifeguards (closed to public)	Tuesday & Thursday	9:00 am - 11:00 am
Lap Swimming	Monday - Friday	11 am - 3 pm & 5:30 - 8 pm
Group Swim Lessons	Monday - Friday	11:00 am - 1:00 pm
Recreational Swimming	Monday - Friday	1:00 pm - 3:00 pm
Aqua Aerobics Class	Monday - Wednesday - Friday	12:00 pm - 1:00 pm
Adult Coached Masters (evening)	Monday - Wednesday - Friday	5:30 pm - 6:30 pm

**Daily Schedule Subject to Change*

Daily Admittance Fees

Adult Day Pass	\$ 6.00
Senior Day Pass	\$ 4.50
Youth Day Pass	\$ 4.00
Aerobics Day Pass	\$ 8.50
Masters Day Pass	\$ 8.50



Annual Memberships

Individual	\$ 525.00
Senior	\$ 375.00
Family	\$ 675.00

Includes Tennis Court Access



Save money by pre-purchasing your swims. Access Pass holders can reap additional rewards via our special pool promotions.

Adult	25 Swims	\$ 87.50
Youth/Senior	12 Swims	\$ 36.00
Monthly/Adult	Unlimited	\$ 60.00
Monthly/Youth	Unlimited	\$ 36.00
Monthly/Senior	Unlimited	\$ 36.00

Summer Pool Hours

Memorial Day - Labor Day

<p>Starting May 23 Saturdays & Sundays 10:00 am - 4:00 pm</p>	<p>Starting June 15 Mon.-Wed. - Fri. 6:00 am - 8:00 pm Tues. - Thurs. 11:00 am - 8:00 pm</p>
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See page 3 for Night Swim Schedule

Parks & Recreation Program Contacts

Matt Roberts, Parks Director	684-5405 x449
Ann Meyer, Management Assistant	684-5405 x432
Tamara Cloud, Pool Superintendent	566-2417
Matt Simon, Ocean Recreation Coordinator	684-5405 x431
Boathouse Ocean Recreation Center	684-7613
City Beach Lifeguard Tower	566-2431
Morgan Youngs Aquatic Program Coordinator	566-2417

The Goggle Shop

We have a great selection of goggles and swim accessories for sale at the Community Pool. Join our mailing list to receive special Goggle Shop promotions.

Carpinteria Community Pool

Group Swim Lesson Program
\$45.00 / 1 week or \$80 / 2 weeks
 5 consecutive lessons Monday - Friday

Children must be 4 years old or older

Water Exploration	Level 1	11:00 am-11:30 am
Beginners	Level 2	11:30 am-12:00 pm
Skill Development	Level 3	12:00 pm-12:30 pm
Intermediate	Level 4	12:30 pm-1:00 pm

Private & Semi-Private Lessons Offered

(Five 30-Minute Lessons)

Private \$110.00
 Semi-private \$ 80.00

Available for adults too!



Group Session Dates

Session	Session Dates	Session	Session Dates
Session #1	June 15 - June 19	Session #6	July 20 - July 24
Session #2	June 22 - June 26	Session #7	July 27 - July 31
Session #3	June 29 - July 3	Session #8	Aug. 3 - Aug. 7
Session #4	July 6- July 10	Session #9	Aug. 10 - Aug. 14
Session #5	July 13 - July 17	Session #10	Aug. 17 - Aug. 21

Swim and Water Polo Club

Ages 7 - 18

Join your friends year-round on the Tritons, Carpinteria Aquatics Club swimming and water polo team! The Tritons are a sanctioned USA Swimming and USA Water Polo club and all team



participants are required to join USA Swimming and pay annual membership fees.

Our coaching team will promote fitness, endurance and competition skills necessary for swim and water polo team participation on both the school and club levels.

Swimming

Bronze 3:00pm - 4:00pm (Mon & Thurs) \$55/Month
 Silver 3:30pm - 5:00pm (M-F) \$75/Month
 *Gold 3:00pm - 5:30pm (M-F) \$85/Month
 *Water Polo 5:30pm - 7:00pm (Mon - Thurs)

For more information call the Pool (805) 566-2417.

Schedule subject to change

HELP BREAK THE WORLD RECORD
JOIN US FOR



June 18, 2015

10 AM FREE 30 MINUTE LESSON
Register at the Pool

Aqua Aerobics

Mon-Wed -Fri
 12 noon - 1:00pm

Enjoy all the benefits of land aerobics without the impact on your joints. A great way to relieve tension and stress during lunch. All necessary equipment is provided. Cost \$8.50/class

Included in annual membership and Monthly Pass

Masters

Mon-Wed -Fri
 5:30pm-6:30pm
 Tues. & Thurs.
 12 pm - 1:00 pm

A swimming program for all adults with beginning to advanced swimming ability. Each session participant will receive coaching on stroke technique and endurance. Masters workouts are a great way to complete your day! Cost: \$8.50/session

Included in annual membership and Monthly Pass

Carpinteria Community Pool & More



Family Night at the Pool

Grab the kids, challenge your friends to a water polo game, or simply go for a swim; Friday Family Night has something for everyone. The pool will offer water polo, lap and recreational swimming. Please mark the following dates on your summer calendars:

8:00 pm - 10:00 pm

June 26th, July 24th and August 14th

*Children under the age of 12 must be accompanied
by an adult age 18 or older.*

Tennis

Court Reservation Fees

\$3.00/hr. per person
\$10/hr. Doubles (4)
\$2.00/hr. Seniors per person
\$36.00 Tennis only Access Pass
(20 hours)



The Community Pool Courts will be available for use this summer. Don't be disappointed by busy courts; make your reservations in advance at the Community Pool. Reservation fees include the convenient use of the bathhouse facility for clothes changes and showers. Annual Individual and Family Pool Memberships include the use of the tennis facility. Call the Pool (805) 566-2417.

Tennis Instruction

For individual and group tennis lessons, contact either of our USTPA tennis professionals. Each have an individual flair and love of the game. Lessons are scheduled by appointment only.

Michael Mickelson (805) 464-9365
carpinteriatennis@gmail.com
Stuart Hutchinson (805) 698-5778
hutchman2000@gmail.com

18th Annual Carpinteria Triathlon



Sunday, September 27

REGISTER TODAY!

www.carpinteriatriathlon.com

Olympic Distance

1.5K Swim | 40K Bike | 10K Run
7:30 AM

Sprint Distance

0.5K Swim | 15K Bike | 5K Run
8:00 AM

The Carpinteria Triathlon is a benefit event for the City's Parks & Recreation youth programs. Proceeds will help to provide scholarships and additional equipment for programs such as Junior Lifeguards and our ocean recreation programs.

Tai Chi & Qigong

Enjoy nature, gentle exercise and the stress reducing effects of Tai Chi and Qigong on the World's Safest Beach. Jessica Kolbe leads 4 classes a week on the sand of Linden City Beach. Slow meditative movements lower the heart rate, improve balance and bring calmness to our lives. Beginners and advanced practitioners alike are welcome. Look for her sign adjacent to lifeguard tower.



Monday 5:15 - 6:15 pm
Wednesday 5:15 - 6:15 pm
Friday 10:00 - 11:00am
Saturday 9:15 - 10:15 am

\$10.00-\$15.00/class

Call Jessica Kolbe at (805) 705-3426 or email
Jessica@QigongSB.com
For more information please visit www.QigongSB.com

Ocean Recreation Activities

Junior Lifeguards

Ages 9-17 **June 22 - August 8**

Cost: \$370.00

General Program Hours

9:30 am - 12:30 pm

The Carpinteria Junior Lifeguards (JGs) program is a summer favorite. Participants learn many aspects of lifeguarding while engaging in a variety of fun aquatic and beach activities. Skills learned include an introduction to CPR, first aid, beach and wave dynamics and ocean science. The program emphasizes physical fitness and the value of friendly competition in running, paddle board and swimming. Additional trips include Hurricane Harbor and an overnight campout for an additional fee.

As safety is important, participants must be able to pass a basic pool and ocean swim test. The ocean swim, tests ability to swim approximately 100 yds. with no time limit. The pool swim is also 100 yds., but it must be completed in 02:20 minutes. These tests are only for the purpose of measuring ability as it pertains to each child's safety in the water.

Registration fee must be paid in full prior to the first day

Some Highlights Include:

1. **Tuesday, June 16** - Informational Parent Meeting to be held at 6:30 pm. Meet at the Veterans' Memorial Building located at 941 Walnut Avenue in Carpinteria.
2. **Monday, June 22** - First day and ocean swim testing
3. **Friday, June 29** - Rincon Surf Day (meet at backside)
4. **Saturday, July 4** - Fourth of July Parade
5. **Wednesday, July 8** - Hurricane Harbor
6. **Wednesday, July 1** - Picture Day (*JG uniforms required*)
7. **Friday, July 17** - Carpinteria Competition
8. **Wednesday, July 22** - Giovanni's Pizza Fundraiser
Proceeds benefit Carpinteria JGs
9. **July 23-24** Overnight camping trip to Carpinteria State Beach
10. **Friday, July 31** - Fiesta Competition (East Beach)
11. **Monday, August 4** - Rincon Surf Day (meet at backside)
12. **Friday August 7** - Swim-Paddle-Run fundraiser
13. **Saturday, August 8** - Awards Party at the pool

Register for field trips and get your uniform at the Pool

Program fee includes T-shirt and hat

Swimsuits and trunks must be RED

Consider shopping locally for your red suits!

**For more information contact Ann Meyer
(805) 684-5405 x432 or carpjgs@gmail.com**



Surfing

Ages 8 and up

Cost: \$155.00 (5 day session)

Drop In \$40 Daily

Class size 3 person minimum

Beginner and intermediate surfers will learn surfing safety, technique and etiquette from certified lifeguards who are also experienced surfers.

Wetsuits and surfboards are available

to program participants. Email Matt Simon oceanrec@yahoo.com or call (805) 566-2417 for more information.

Session #1	June 22 - June 26	9 am -12 noon
Session #2	June 22 - June 26	1:30 pm-4:30 pm
Session #3	June 29 - July 3	9 am -12 noon
Session #4	June 29 - July 3	1:30 pm-4:30 pm
Session #5	July 6 - July 10	9 am -12 noon
Session #6	July 6 - July 10	1:30 pm-4:30 pm
Session #7	July 13 - July 17	9 am -12 noon
Session #8	July 13 - July 17	1:30 pm-4:30 pm
Session #9	July 20 - July 24	9 am -12 noon
Session #10	July 20 - July 24	1:30 pm-4:30 pm
Session #11	July 27 - July 31	9 am -12 noon
Session #12	July 27 - July 31	1:30 pm-4:30 pm
Session #13	Aug. 3 - Aug. 7	9 am -12 noon
Session #14	Aug. 3 - Aug. 7	1:30 pm-4:30 pm



Park Courtesy Reminders

Please remember that others also want to enjoy our neighborhood parks.

1. Always dispose of trash properly
2. Use recycling containers
3. Keep noise to a minimum
4. Pick up after your dog and dispose of bags properly
5. No smoking
6. No alcoholic beverages
7. No foul language

Ocean Recreation Activities

Kayak/SUP Rentals and Private Lessons at Ash Avenue

Kayak Rentals are available weekends and week day afternoons through Labor Day Cost \$15 per hour per person (children under 12 years \$10 per hour and must be accompanied by a paying adult). First Come, first served weekends starting at 10:30 am and week days at 1:30 pm at Ash Avenue on the beach. All rentals include lifevest, paddle and helmet.



All minors, under 18 yrs., must be accompanied and supervised and by an adult.

Private Lessons* (surf, sailing, SUP or kayak) can be arranged by appointment. Availability is limited. Cost: is \$40 per hour per person.

***Reservations are required for all private lessons.**

Call Matt Simon 684-5405 x431 for an appointment or email OceanRec@yahoo.com

There is nothing, absolutely nothing, half so much worth doing as simply messing around in boats.
- Kenneth Grahame

Carpinteria Beach is the perfect place!

Kayaking and Stand Up Paddle (SUP)

Ages 10 and up
\$155.00 (5 day session)
Drop In \$40 Daily
Monday-Friday 1:30-4:30 pm
June 25 - August 10
Class size 3 person minimum

This summer have a great time on the water kayaking and stand up paddling. Depending on ocean conditions, you can paddle on our new SUPs or our sit-on-top kayaks. Certified ocean lifeguards instruct students on paddling techniques while they explore the nearby Carpinteria Reef and kelp beds. Kayakers can secure their vessels and snorkel or free dive; viewing the sea life beneath the surface. Waterproof cameras are highly recommended.

Participants are provided wetsuits and safety equipment. Snorkeling gear is not provided but is available at the Carpinteria Beach Store for a 25% discount with proof of enrollment. Call Matt Simon for more information (805) 684-5405 x431 or email OceanRec@yahoo.com.

Sailing

Ages 10 and up
\$35 Daily Pre-registered
Drop In \$40 Daily
Monday-Friday 1:30-4:30 pm
Class size 3 person minimum

Have fun learning basic sailing and boating safety. Explore the near shore Carpinteria Reef and kelp beds. Certified ocean lifeguards instruct participants on how to catch the wind and ride across the water on our 18' Hobie Cat. Call Matt Simon (805) 684-5405 x431 or email OceanRec@yahoo.com for additional information.



CARPINTERIA BEACH STORE BEACH RENTALS

**Boogie Boards, Inner Tubes,
Kayaks & SUPs**



WE SELL T-SHIRTS, SAND TOYS, POSTCARDS,
SUNSCREEN, BEACH UMBRELLAS, BEACH BAGS,
AND CARPINTERIA SOUVENIERS.

**Located on the Sand
at Linden & the Beach
10:00 am - 6:00 pm
Memorial Day - Labor Day
(805) 566-9482**

**All Proceeds Benefit
City Youth Recreation Programs**

YOUR PURCHASES HELP KEEP PROGRAM COSTS DOWN.
WE APPRECIATE YOUR BUSINESS.

Additional Information and Programs

Barbecue Reservations

\$30 per site*

Three of our City parks have barbecue areas that can be reserved. Each area has two picnic tables and a stationary barbecue. Jumpers are allowed with a paid City Jumper Permit for an additional \$10 fee. Contact Linda at 684-5405 x416 to make your reservations.



Please be courteous and clean up after your event.

***A refundable \$50 cleaning deposit is required**

Salt Marsh Tours

Docent Tours

Every Saturday 10:00 am



Docent tours are scheduled every Saturday year-round. Meet at the park sign by 10:00 am to embark on your journey. Private group tours can be arranged.

Contact carp_parks@yahoo.com to schedule your trip.

Other Programs*

AYSO	450-6357
Art by the Sea - Carpinteria Arts Center	684-7789
Boys & Girls Club of Carpinteria	684-1568
Carpinteria Valley Little League	684-0042
Carpinteria Valley Girls Softball	252-7640
Fun in the Sun - United Way	684-6364
Girls Incorporated of Carpinteria	684-6364
Carpinteria Library Summer Reading Program	684-4314
Carpinteria State Beach Day Use Reservations	684-7487
State Beach Campground Reservations	800-444-7275

*These services are not provided by the City of Carpinteria but are offered by other local government or non-profit groups.

Salt Marsh Amphitheater Reservations

\$250

An ideal location for wedding ceremonies and other small ceremonial events. Contact Ann Meyer (805) 684-5405 ext. 432 or send an email to:

AnnM@ci.carpinteria.ca.us.



CITY OF CARPINTERIA NOW HIRING FOR SUMMER

BEACH & POOL LIFEGUARDS, CASHIERS, KAYAK RENTALS, JUNIOR LIFEGUARD INSTRUCTORS & OCEAN RECREATION INSTRUCTORS



City of Carpinteria
Parks & Recreation

**Join our Team
on the Beach
or at the Pool**

**Training provided to
selected employees!**

Hourly Rate Dependent On Experience

Applications available online
www.carpinteria.ca.us

For more information contact
City of Carpinteria
(805) 684-5405 x432

An Equal Opportunity Employer



Refund Policy

Program fees are not pro-rated if you or your child misses a class or a session. All refund requests must be in writing and received at City Hall 48 hours prior to first day of the enrolled session. A copy of your paid receipt or canceled check must be submitted along with the refund request. Prior to requesting a refund, please see checklist below.

All requests must include:

- **Written Request 48 hours prior to first day of session**
- **Reason for the refund request**
- **Program Name**
- **Session Number**
- **Date and Amount Paid**
- **Receipt or Canceled Check (No exceptions)**

A \$10 processing fee will be deducted from each refund request.

Registration Form

Please Direct all Program Inquiries to Carpinteria Community Pool (805) 566-2417

REFUND POLICY

All requests must be made **48 hours** prior to first class and in writing. All requests must include:

- Reason for the Refund
- Program Name
- Session Number or Class Date
- Date and Amount Paid
- Receipt or Canceled Check (no exceptions)

A \$10 processing fee will be deducted from each refund unless program canceled by City.

- WALK-IN REGISTRATION
Carpinteria Community Pool
5305 Carpinteria Avenue
9am - 6 pm.

- REGISTRATION BY MAIL
Send this form and fees to:
**City of Carpinteria
Summer Programs
5775 Carpinteria Avenue
Carpinteria, CA 93013**
Include a check or provide your Visa or Mastercard number.
(Please, no cash by mail.)

For office use only

Payment Method:

- Cash
 Visa Mastercard
 Discover Card
 Check #
 Check \$
 Medical Release Received
 Liability Release Received
 Scholarship Pending
 Scholarship Granted

Received by: _____

Program Name	Session	Fee	Participant Name	
Total Amount Due:		\$	Date Payment Received:	 / /

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Parent/Guardian Name (If participant is a minor): _____

Signature (Signature of Parent/Guardian if minor): _____

Credit card payments accepted -- NO American Express

Method of Payment: Cash Check (Payable to **City of Carpinteria**)

Credit Card Number: _____

Cardholder Name as it appears on card: _____

Expiration Date: _____

Cardholder Signature: _____

PLEASE CONTACT ME, MY CHILD HAS SPECIAL NEEDS

CITY OF CARPINTERIA
RECREATIONAL PROGRAMS
EMERGENCY MEDICAL RELEASE AND CONSENT FORM



Name of Child: _____ Age: _____

Name of Parent/Guardian: _____ Relationship: _____

Telephone: (Hm) _____ (Wk) _____
Area Code

Address: _____

City: _____ State: _____ Zip: _____

Medical Insurance Carrier: _____ Policy No.: _____

PERSON OTHER THAN ABOVE TO NOTIFY IN CASE OF EMERGENCY:

Name: _____ Relationship: _____

Telephone: (Hm) _____ (Wk) _____
Area Code

Address: _____

City: _____ State: _____ Zip: _____

DOCTOR'S NAME: _____ Phone: _____
Area Code

Address: _____

City: _____ State: _____ Zip: _____

PARTICIPANT'S HEALTH HISTORY

- | | |
|--|--|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Frequent Colds |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Condition _____ |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Physical Disability _____ |
| <input type="checkbox"/> Frequent Stomach Upsets | <input type="checkbox"/> Other _____ |

KNOWN ALLERGIES

- | | |
|--|--|
| <input type="checkbox"/> Hay Fever | Date of last tetanus shot: _____ |
| <input type="checkbox"/> Insect Stings _____ | Names & Dosages of any REQUIRED MEDICATIONS :

_____ |
| <input type="checkbox"/> Drug Allergies _____ | |
| <input type="checkbox"/> Other Allergies _____ | |

Please explain **ALL** of the above **CHECKED ITEMS** in detail: _____

In the event that I cannot be reached in the event of an emergency, I hereby give my permission and authorization to the attending physician or dentist selected by emergency related personnel to hospitalize, to secure proper treatment, and/or order an injection, anesthesia, or surgery for my child or ward as deemed necessary.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian _____

Please Print

Email Address: _____

**CITY OF CARPINTERIA
RECREATIONAL PROGRAMS
LIABILITY RELEASE AND AGREEMENT NOT TO SUE**



I, _____, fully understand that my and/or my child's participation in any City of Carpinteria recreational programs exposes me and/or my child to the risk of personal injury, death, or property damage. I hereby acknowledge that I and/or my child are voluntarily participating in the recreational programs and that transportation may be provided by other vehicle(s). I understand that other forms of transportation such as carpools are not included in the program and agree to assume any such risks for myself and/or my child.

I hereby release, discharge and agree not to sue the City of Carpinteria, for any injury, death, or damage to or loss of personal property arising out of or in connection with my participation in the recreational programs, including the active or passive negligence of the City of Carpinteria or any other participants in the recreational programs.

In consideration for being permitted to participate in the recreational programs, I hereby agree on behalf of myself and/or child, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of Carpinteria from any and all claims, demands, actions, or suits arising out of or in connection with my or my child's participation in the recreational programs. Furthermore, I give my consent to the City allowing any photographs taken of me or my child while participating in any of the City's recreational programs to be used by the City for promotional purposes.

I have carefully read this release, hold harmless and agreement not to sue and fully understand its contents. I am aware that it is a full release of all liability and sign it willingly.

Participant Name (Print)

Signature (Participant/Parent/Guardian)

Date

Printed Name Parent/Guardian

Email Address