Community Pool Activities
5305 Carpinteria Avenue
For more information call the Pool (805) 566-2417 or www.Carp-Pool.com

Pool Program Daily Summer Schedule*
June 14 - Labor Day

<table>
<thead>
<tr>
<th>Activity</th>
<th>Days</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Swimming/Fitness Swimming</td>
<td>Monday - Wednesday - Friday</td>
<td>6:00 AM - 3:00 PM</td>
</tr>
<tr>
<td>Junior Lifeguards (closed to public)</td>
<td>Tuesday &amp; Thursday</td>
<td>9:00 AM - 11:00 AM</td>
</tr>
<tr>
<td>Lap Swimming</td>
<td>Tuesday &amp; Thursday</td>
<td>11 AM - 3 PM &amp; 5:30 - 8 PM</td>
</tr>
<tr>
<td>Group Swim Lessons</td>
<td>Monday - Friday</td>
<td>11:00 AM - 1:00 PM</td>
</tr>
<tr>
<td>Recreational Swimming</td>
<td>Monday - Friday</td>
<td>1:00 PM - 3:00 PM</td>
</tr>
<tr>
<td>Aqua Aerobics Class</td>
<td>Monday - Wednesday - Friday</td>
<td>12:00 PM - 1:00 PM</td>
</tr>
<tr>
<td>Adult Coached Masters (evening)</td>
<td>Monday - Wednesday - Friday</td>
<td>5:30 PM - 6:30 PM</td>
</tr>
<tr>
<td>Adult Coached Masters (noon)</td>
<td>Tuesday &amp; Thursday</td>
<td>12:00 - 1:00 PM</td>
</tr>
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</table>

Daily Admission

<table>
<thead>
<tr>
<th>Pass Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Day Pass</td>
<td>$6.50</td>
</tr>
<tr>
<td>Senior Day Pass</td>
<td>$4.75</td>
</tr>
<tr>
<td>Youth Day Pass</td>
<td>$4.25</td>
</tr>
<tr>
<td>Aerobics Day Pass</td>
<td>$9.00</td>
</tr>
<tr>
<td>Masters Day Pass</td>
<td>$9.00</td>
</tr>
</tbody>
</table>

Memberships

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>$550.00</td>
</tr>
<tr>
<td>Senior</td>
<td>$394.00</td>
</tr>
<tr>
<td>Family</td>
<td>$710.00</td>
</tr>
</tbody>
</table>

Annual memberships include Tennis Court Access

Tennis Instruction & Clinics

Ron Mousouris, who teaches tennis at Aliso School and volunteers with the SB Tennis Patrons, will be instructing tennis this summer on the Community Courts. Ron instructs both kids and adults alike and will be organizing several clinics over the summer in addition to teaching lessons. For more information or to arrange for lessons, contact Ron directly at (805) 403-7475 or email Rmousouris@aol.com.

Court Reservation Fees

- $3.00/hr. per person
- $10/hr. Doubles (4)
- $2.00/hr. Seniors per person
- $40.00 Tennis only Access Pass (20 hours)

The Community Pool Courts will be available for use this summer. Don’t be disappointed by busy courts; make your reservations in advance at the Community Pool. Reservation fees include the convenient use of the bathhouse facility for clothes changes and showers. To make a reservation, call the Pool (805) 566-2417.

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Save money by pre-purchasing your swims.

- Adult 25 Swims: $92.00
- Adult 10 Swims: $45.00
- Youth/Senior 12 Swims: $40.00
- Monthly/Adult Unlimited: $65.00
- Monthly/Youth Unlimited: $40.00
- Monthly/Senior Unlimited: $50.00

Parks & Recreation Program Contacts

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matt Roberts</td>
<td>Parks Director</td>
<td>755-4449</td>
</tr>
<tr>
<td>Morgan Youngs</td>
<td>Aquatics Program Coordinator</td>
<td>566-2417</td>
</tr>
<tr>
<td>Tamara Cloud, Pool Superintendent</td>
<td></td>
<td>566-2417</td>
</tr>
<tr>
<td>Matt Simon</td>
<td>Ocean Recreation Coordinator</td>
<td><a href="mailto:oceanrec@yahoo.com">oceanrec@yahoo.com</a></td>
</tr>
<tr>
<td>Boathouse</td>
<td>Ocean Recreation Center</td>
<td>684-7613</td>
</tr>
<tr>
<td>Ann Meyer</td>
<td>Management Assistant</td>
<td>755-4432</td>
</tr>
<tr>
<td>City Beach Lifeguard Tower</td>
<td></td>
<td>566-2431</td>
</tr>
</tbody>
</table>
Community Pool Activities

Group Swim Lessons
$45 Per Session
5 Lessons Per Session

We have a new fun approach to swim lessons using the Swim Lessons University method of teaching. Our staff is trained and certified as SLU swim instructors. This method is fresh and engaging to children of all ages. There are various swim levels offered including Parent & Tot group classes as well as adults. Swim levels are a bit different than before and overlap for some ages, allowing more skilled swimmers to advance further within their same age group. Each lesson is thirty minutes. The levels and class times are as follows:

<table>
<thead>
<tr>
<th>Level</th>
<th>Ages</th>
<th>Basic Elements</th>
<th>Class Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent &amp; Tot</td>
<td>12-36 Mos.</td>
<td>Basic skills</td>
<td>11:00-11:30 AM</td>
</tr>
<tr>
<td>Swim 101</td>
<td>3-5 Yrs.</td>
<td>Kicking Techniques</td>
<td>11:30-12:00 PM</td>
</tr>
<tr>
<td>Strokes 201</td>
<td>3-5 Yrs.</td>
<td>Freestyle &amp; Backstroke</td>
<td>11:30-12:00 PM</td>
</tr>
<tr>
<td>Swim 102/103</td>
<td>6-12 Yrs.</td>
<td>Freestyle/Breath Control</td>
<td>12:00-12:30 PM</td>
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<tr>
<td>Strokes 202/203</td>
<td>6-12 Yrs.</td>
<td>Freestyle &amp; Backstroke</td>
<td>12:00-12:30 PM</td>
</tr>
<tr>
<td>Advanced Strokes</td>
<td>4-12 Yrs.</td>
<td>Breast Stroke &amp; Butterfly</td>
<td>12:30-1:00 PM</td>
</tr>
<tr>
<td>Lifesaving Strokes</td>
<td>4-12 Yrs.</td>
<td>Treading Water, Scissor Kick,</td>
<td>12:30-1:00 PM</td>
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<tr>
<td></td>
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<td>Sidestroke</td>
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<tr>
<th>Group Sessions</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Session #1</td>
<td>June 12-16</td>
<td></td>
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</tr>
<tr>
<td>Session #2</td>
<td>June 19-23</td>
<td></td>
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<tr>
<td>Session #3</td>
<td>June 26-30</td>
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<tr>
<td>Session #4</td>
<td>July 3-7</td>
<td></td>
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<tr>
<td>Session #5</td>
<td>July 10-14</td>
<td></td>
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<tr>
<td>Session #6</td>
<td>July 17-21</td>
<td></td>
<td></td>
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<tr>
<td>Session #8</td>
<td>July 31-Aug. 4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Session #9</td>
<td>Aug. 7-11</td>
<td></td>
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<tr>
<td>Session #10</td>
<td>Aug. 14-18</td>
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</tr>
</tbody>
</table>

Private & Semi-Private Lessons Offered
(Five 30-Minute Lessons)

Private $120.00
Semi-private $ 85.00

Available for adults too!

Masters

Mon-Wed -Fri
5:30 PM-6:30 PM
Tues. & Thurs.
12 PM - 1:00 PM

A swimming program for all adults with beginning to advanced swimming ability. Each session participant will receive coaching on stroke technique and endurance. Masters workouts are a great way to complete your day! Cost: $9.00/session

 Included in Annual Membership and Monthly Pass

Aqua Aerobics

Mon-Wed -Fri
12 NOON - 1:00 PM

Enjoy all the benefits of land aerobics without the impact on your joints. A great way to relieve tension and stress during lunch. All necessary equipment is provided. Cost $9.00/class

 Included in annual membership and Monthly Pass

Family Night Swim
8-10 PM
Cost: $2 plus Pool Admission

Spend the evening at the pool with the family. The pool will offer games, inner tube water polo and serve a delicious hot dog dinner, which includes chips and a drink. Enjoy recreational and lap swimming!

June 23
July 21
August 11
Ocean Recreation Activities

Junior Lifeguards
Ages 9-17  June 19 - August 5
Cost: $390.00
General Program Hours
9:30 AM - 12:30 PM

The Carpinteria Junior Lifeguards (JGs) program is a summer favorite. Participants learn many aspects of lifeguarding while engaging in a variety of fun aquatic and beach activities. Skills learned include an introduction to CPR, first aid, beach and wave dynamics and ocean science. The program emphasizes physical fitness and the value of friendly competition in running, paddle board and swimming. Additional trips include Hurricane Harbor and an overnight campout for an additional fee.

As safety is important, participants must be able to pass a basic pool and ocean swim test. The ocean swim tests the ability to swim approximately 100 yards with no time limit. The pool swim is also 100 yards, but it must be completed in 02:20 minutes. These tests are only for the purpose of measuring ability as it pertains to each child’s safety in the water.

Registration fee must be paid in full prior to the first day

Some Highlights Include:
1. NEW participant Swim Test 9-10 AM Saturday June 3, 10 and 17. You need only to attend one day.
2. Wednesday, June 7 - Scholarship Application DEADLINE — no JG scholarship applications will be accepted after this date.
3. Tuesday, June 13 - Informational Parent Meeting to be held at 7 PM. Meet at the Veterans’ Memorial Building located at 941 Walnut Avenue in Carpinteria.
4. Monday, June 19 - First day
5. June 28 or 29 (pick one) campout trip to Carpinteria State Beach
6. Saturday, July 2 - Fourth of July Parade
7. Monday, July 3 - Rincon Surf’ Day (meet at backside)
8. Tuesday, July 4 - No Junior Guards - Happy Holiday!
9. Friday, July 7 - Semana Nautica Competition in Santa Barbara
10. Wednesday, July 12 - Picture Day (JG uniforms required)
11. Friday, July 14 - Carpinteria Competition
12. Wednesday, July 19 - Hurricane Harbor field trip
13. Friday, July 28 - Fiesta Competition (East Beach)
14. Monday, July 31 - Rincon Surf’ Day (meet at backside)
15. Friday August 4 - Swim-Paddle-Run triathlon fundraiser
16. Saturday, August 5 - Awards Party at the pool

Register for field trips and get your uniform at the Pool
Program fee includes T-shirt and hat
Swimsuits and trunks must be RED
Consider shopping locally for your suits!

For more information contact Morgan Youngs (805) 566-2417 or carpjgs@gmail.com

Lifeguard Service
10 AM-6 PM Daily
Memorial Day through Labor Day

The City’s Ocean Beach Lifeguards and instructors are USLA trained and certified. The lifeguards are there to watch for your safety and to enforce the rules put into place in order to provide for an enjoyable safe visit.

Sailing
Ages 8 and up

Get together with some friends and have fun learning basic sailing and boating safety. Participants will explore the off-shore Carpinteria Reef and kelp beds. Enjoy catching the wind and riding across the water on our 18’ Hobie Cat sailboat.

For additional information and to make reservations call 805-684-7613 or email OceanRec@yahoo.com.
Ocean Recreation Activities

Kayak/SUP Rentals and Private Lessons at Ash Avenue

Kayak Rentals are available weekends and weekday afternoons through Labor Day. Cost is $15 per hour per person (children under 12 years $10 per hour and must be accompanied by a paying adult). First come, first served starting at 10:00 am at Ash Avenue on the beach. All rentals include lifevest, paddle and helmet.

All minors, under 18 yrs. must be accompanied and supervised by an adult.

Private Lessons (surfing, sailing, SUP or kayak) can be arranged by appointment. Availability is limited. Cost: is $40 per hour per person.

Reservations are required for all private lessons and must be made at least one week in advance.

To schedule reservations call the pool 805-566-2417 or email OceanRec@yahoo.com

Saturday Guided Paddle Tours

9-11 AM Every Saturday
Cost: $ 40.00

Experience the splendor of the beautiful Carpinteria coastline, off-shore reef and seal rookery by taking a guided kayak tour. Our experienced guide will point out and discuss the various species of marine life including harbor seals and dolphins, you may encounter along the way.

Surfing

Ages 8 and up
Cost: $175.00 (5 day session)
Class size 3 person minimum

Beginner and intermediate surfers will learn surfing safety, technique and etiquette from certified lifeguards who are also experienced surfers. Wetsuits and surfboards are available to program participants. For more information:

Email OceanRec@yahoo.com or call (805) 684-7613.

Private and Semi-Private Lessons Available
$40 per student
Lessons must be arranged one week in advance
An ideal location for wedding ceremonies and other small special ceremonial events overlooking the salt marsh and mountains. Contact Ann Meyer (805) 755-4432 email AnnM@ci.carpinteria.ca.us.

Salt Marsh Amphitheater Reservations
$50 per hour (2 hour minimum)

Now Hiring
Garden Manager
The City seeks a Community Garden Manager to manage the City’s Community Garden. We are seeking an individual with strong interpersonal skills, organizational skills, knowledge of gardening and a passion for community and environment, who can both handle the logistical challenges of managing the community garden operated by the City and maintain positive relationships with community members from all around Carpinteria.

Contact Matt Roberts for more information. (805) 755-4449 or MattR@ci.carpinteria.ca.us

Park Courtesy Reminders
Please remember that others also want to enjoy our neighborhood parks.

1. Always dispose of trash properly
2. Use recycling containers
3. Keep noise to a minimum
4. Pick up after your dog and dispose of bags properly
5. No smoking
6. No alcoholic beverages
7. No foul language

Barbecue Reservations
$35 per site

Three of our City parks have barbecue areas that can be reserved. Each area has two picnic tables and a stationary barbecue. Jumpers are allowed with a paid City Jumper Permit for an additional $10 fee. Contact Linda at (805) 755-4416 to make your reservations.

Please be courteous and clean up after your event. A refundable $100 cleaning deposit is required per site.
Refund Policy

Program fees are not prorated if you or your child misses a class or a session. All refund requests must be in writing and received at City Hall 48 hours prior to the first day of the enrolled session. A copy of your paid receipt or canceled check must be submitted along with the refund request. Prior to requesting a refund, please see checklist below.

All requests must include:
- Written Request 48 hours prior to first day of session
- Reason for the refund request
- Program Name
- Session Number
- Date and Amount Paid
- Receipt or Canceled Check (No exceptions)

A $10 processing fee will be deducted from each refund request.

Other Activities

20th Annual Carpinteria Triathlon
Sunday, September 24
REGISTER TODAY!
www.carpinteriatriathlon.com

Olympic Distance
1.5K Swim | 40K Bike | 10K Run
7:30 AM

Sprint Distance
0.5K Swim | 15K Bike | 5K Run
8:00 AM

The Carpinteria Triathlon is a benefit event for the City’s Parks & Recreation youth programs. Proceeds will help to provide scholarships and additional equipment for programs such as Junior Lifeguards and our ocean recreation programs.

Tai Chi & Qigong

Enjoy nature, gentle exercise and the stress reducing effects of Tai Chi and Qigong on the World’s Safest Beach. Jessica Kolbe leads 4 classes a week on the sand on the City Beach at the end of Linden Avenue. Slow meditative movements lower the heart rate, improve balance and bring calmness to our lives. Beginners and advanced practitioners alike are welcome. Look for the sign adjacent to the lifeguard tower.

Monday 5:30-6:30 PM
Friday 10:00 AM
Saturday 9:15 AM

$10.00-$15.00/class

Call Jessica Kolbe at (805) 705-3426 or email Jessica@JessicaTaiChi.com
For more information please visit www.QigongSB.com

20th Annual Carpinteria Triathlon

Carpinteria Beach Store
BEACH RENTALS
Boogie Boards, Inner Tubes, Kayaks & SUPs

We sell T-shirts, Sand Toys, Postcards, Sunscreen, Beach Umbrellas, Beach Bags, and Carpinteria Souvenirs.
Located on the Sand at Linden & the Beach
10:00 am - 6:00 pm
Memorial Day - Labor Day
(805) 566-9482

All Proceeds Benefit City Youth Recreation Programs
Your purchases help keep youth program costs down.
We appreciate your business!
Registration Form

Please Direct all Program Inquiries to Carpinteria Community Pool (805) 566-2417

REFUND POLICY
All requests must be made 48 hours prior to first class and in writing. All requests must include:
• Reason for the Refund
• Program Name
• Session Number or Class Date
• Date and Amount Paid
• Receipt or Canceled Check (no exceptions)
A $10 processing fee will be deducted from each refund unless program canceled by City.

For office use only
Payment Method:
Cash
Visa    Mastercard
Discover Card
Check #
Check $
Medical Release Received
Liability Release Received
Scholarship Pending
Scholarship Granted
Received by:

WALK-IN REGISTRATION
Carpinteria Community Pool
5305 Carpinteria Avenue
9 AM- 7 PM

REGISTRATION BY MAIL
Send this form and fees to:
City of Carpinteria Summer Programs
5775 Carpinteria Avenue
Carpinteria, CA  93013
Include a check or provide your credit card number.
(Please, no cash by mail.)

Program Name | Session | Fee | Participant Name | Age
---|---|---|---|---

Total Amount Due: $ Date Payment Received: / / /

Address: ___________________ City: __________ State: ____ Zip: __________
Home Phone: ___________________ Cell Phone: __________
Email: ___________________
Parent/Guardian Name (If participant is a minor): ___________________
Signature (Signature of Parent/Guardian if minor): ___________________

Credit card payments accepted
Method of Payment: Cash
Credit Card Number: ___________________
Cardholder Name as it appears on card: ___________________
Expiration Date: ___________________
Cardholder Signature: ___________________

PLEASE CONTACT ME, MY CHILD HAS SPECIAL NEEDS

• WALK-IN REGISTRATION
  Carpinteria Community Pool
  5305 Carpinteria Avenue
  9 AM- 7 PM

• REGISTRATION BY MAIL
  Send this form and fees to:
  City of Carpinteria Summer Programs
  5775 Carpinteria Avenue
  Carpinteria, CA  93013
  Include a check or provide your credit card number.
  (Please, no cash by mail.)